

# PSAC CROSS COUNTRY ATHLETE OF THE WEEK HONORS

## WOMEN

|      |                              |           |
|------|------------------------------|-----------|
| 2003 | Vanessa Andes . . . . .      | Tidewater |
|      | Vanessa Andes . . . . .      | Oct. 21   |
| 2004 | Vanessa Andes . . . . .      | Sept. 28  |
| 2009 | Rose Mascoli . . . . .       | Sept. 28  |
| 2010 | Rose Mascoli . . . . .       | Sept. 13  |
|      | Rose Mascoli . . . . .       | Oct. 25   |
| 2011 | Rose Mascoli . . . . .       | Sept. 12  |
|      | Rose Mascoli . . . . .       | Sept. 19  |
|      | Rose Mascoli . . . . .       | Oct. 10   |
| 2012 | Corinne Fitzgerald . . . . . | Sept. 10  |
| 2014 | Allison Decker . . . . .     | Sept. 22  |
| 2017 | Kaylyn West . . . . .        | Oct. 3    |
|      | Kaylyn West . . . . .        | Oct. 10   |
| 2023 | Bri Hennett . . . . .        | Sept. 6   |
|      | Bri Hennett . . . . .        | Oct. 3    |

## MEN

|      |                           |          |
|------|---------------------------|----------|
| 2007 | Iuri Pinto . . . . .      | Sept. 18 |
| 2009 | Frank Fezza . . . . .     | Sept. 28 |
| 2010 | Greg Laraia . . . . .     | Sept. 13 |
| 2012 | Frank Fezza . . . . .     | Sept. 10 |
|      | Chris Schneider . . . . . | Oct. 8   |
| 2013 | Chris Schneider . . . . . | Sept. 30 |
| 2016 | Alec Lederer . . . . .    | Sept. 12 |
|      | Alec Lederer . . . . .    | Oct. 10  |
| 2019 | Casey Ellis . . . . .     | Oct. 8   |
|      | Casey Ellis . . . . .     | Oct. 15  |
| 2021 | Luke Valdevit . . . . .   | Oct. 11  |